Allergy Clinic Visit



Welcome! This outlines what to expect during your food challenge/OIT/SLIT at our allergy clinic. We're here to support you.



1 Dose Schedule

You'll get an allergen dose every 15-30 minutes. Just let us know if you feel anything unusual! We will do observations between every dose.



2 Raise Concerns

Tell the nurse or doctor about any worries or changes you see, especially with behavior or rashes.



3 Creature Comforts

Enjoy coffee, tea, blankets, and toys.
Wi-fi's available; Allergy
Password is 'McDonald'.

Food Challenge Tips

It's all about timed doses, open communication, and keeping comfy during your allergy clinic visit.

